

Repository of resources on disability inclusion and Covid-19

Introduction

- This document is a repository of resources focusing on Covid-19, disability, mental health, chronic health conditions and related topics curated by the [International Disability and Development Consortium Inclusive Health Task Group \(IDDC IHTG\)](#) and the [CORE Group Disability Inclusive Health Technical Advisory Group](#) co-chaired by Alessandra Aresu (Humanity & Inclusion), Leia Isanhart (Catholic Relief Services), Nick Corby (Equal International), Andrea Pregel (Sightsavers).
- Resources included in this list are for information purposes; the inclusion of a resource in this list does not represent an endorsement of its content, language or viewpoint
- The document is regularly updated thanks to the inputs we receive by organizations and individuals working on Covid-19.
- Please contribute to enriching this document by sharing relevant resources on Covid-19 and disability, mental health, chronic health conditions and related topics with Andrea Pregel (apregel@sightsavers.org) and Leia Isanhart (leia.isanhart@crs.org). Thank you!

Easy read and plain language

Inclusion Europe: [Easy-to-read information about Coronavirus in many languages](#) (including English, French, Spanish, Italian, Danish, German, Swedish)

Mencap: [Easy read guidance on coronavirus](#)

Self Advocacy Resource and Technical Assistance Center (SARTAC): [Plain language COVID-19 Information By and For People with Disabilities](#)

Chosen Power (People First Hong Kong): [COVID-19 Prevention Guidelines \(Easy Read\)](#)

[Coronavirus en pictogramas](#) (Spanish)

Easterseals: [My social distancing story](#)

The Autism Educator: [What is the coronavirus?](#)

Down's Syndrome Association UK: Coronavirus. [What is it? How to stay safe? Easy read](#)

Down's Syndrome Association UK: [Social distancing. Easy read](#)

Public Health England: [Coronavirus \(COVID-19\)](#)

Google: [Handwashing Google Doodle](#) (video)

[Pessoas com Deficiência e com Doenças Raras e o COVID-19](#) (Portuguese)

Government of Madhya Pradesh: [Information on COVID-19](#) (video in Hindi)

Jessica Kate Doyle: [Ireland Testing Format 2.0 Autism COVID-19 Individual Health Action Plan](#)

Mental health

WHO: [Mental Health Considerations during COVID-19 Outbreak](#)

WHO: [Covid-19 and mental health - video Q&A](#)

Mind: [Coronavirus and your wellbeing](#)

Mentalhealth.org.uk: [Looking after your mental health during the Coronavirus outbreak](#)

British Association for Counselling and Psychotherapy: [Coronavirus anxiety: how to cope if you're feeling anxious about the outbreak](#)

British Association for Counselling and Psychotherapy: [Coronavirus self-isolation: How to look after your mental health and wellbeing if you're self-isolating](#)

OCD UK: [OCD and Coronavirus](#)

IASC Reference Group on Mental Health and Psychosocial Support: [Addressing Mental Health and Psychosocial Aspects of COVID-19 Outbreak](#)

American Foundation for Suicide Prevention: [Taking Care of Your Mental Health in the Face of Uncertainty](#)

Mental Health Europe: [Coronavirus: 8 ways to look after your mental health](#)

Mental Health Foundation: [Looking after your mental health during the Coronavirus outbreak](#)

Sign languages

NYC Mayor's Office for People with Disabilities: [What You Need to Know About Coronavirus](#) (video: American Sign Language - ASL)

Italian Civil Protection Department (Dipartimento Protezione Civile): [Daily press conference on Coronavirus](#) (video playlist with interpretation in Italian Sign Language - LIS)

Mill Neck International [Facts about COVID-19 in International Sign Language](#)

European Federation of the Deaf Youth: [Coronavirus - EUDY statement](#)

World Federation of the Deaf: [WFD and WASLI joint statement on access to Health services](#)

Rwanda National Union of the Deaf: [Statement on compliance with measures to prevent COVID-19 virus transmission by Rwanda Remembers](#)

Info-Coronavirus.be: [Videos in French Belgian Sign Language \(LSFB\)](#) (French Belgian Sign Language)

Signes: [Informations sur le coronavirus en langue des signes \(LSF\)](#) (French Sign Language)

Centers for Disease Control and Prevention (CDC): [#COVID-19 ASL playlist](#) (American Sign Language)

TV Surdo Moçambique: [Saiba como se proteger do coronavirus em LSM](#) (Mozambican Sign Language)

Iraqi Alliance for Disability: [وبدعم من هيئة الاعلام والاتصالات العراقية لمواجهة فيروس كورونا IADO مبادرة \(Iraqi Sign Language\)](#)

TheLVCT: [Coronavirus information in Kenyan sign language](#)

Governments

CDC (USA): [Covid-19: If You Are at Higher Risk](#)

UK Government: [Guidance on social distancing for everyone in the UK and protecting older people and vulnerable adults](#)

Administration for Community Living: [COVID-19: What do Older Adults and People with Disabilities Need to Know?](#)

NHS England: [Responding to COVID-19: Mental Health, Learning Disabilities and Autism](#)

UK government: [COVID-19: residential care, supported living and home care guidance](#)

UK Government: [Coronavirus \(COVID-19\): guidance on vulnerable children and young people](#)

UK Government: [Get coronavirus support as an extremely vulnerable person](#)

National Institute for Health and Care Excellence: [Covid-19: Rapid guidelines and evidence reviews](#) + update on [use with people with disabilities](#)

Società Italiana di Anestesia Analgesia Rianimazione e Terapia Intensiva (SIAARTI): [Raccomandazioni di etica clinica per l'ammissione a trattamenti intensivi e per la loro sospensione, in condizioni eccezionali di squilibrio tra necessità e risorse disponibili](#) (Italian)

US Department of Education: [Questions and answers on providing services to children with disabilities during the Coronavirus disease 2019 outbreak](#)

Substance Abuse and Mental Health Services Administration (SAMHSA): [Disaster Distress Helpline](#)

CDC: [Implementation of Mitigation Strategies for Communities with Local COVID-19 Transmission](#) (including annex with list of underlying medical conditions that may increase the risk of serious COVID-19 for individuals of any age)

Skills for Care UK: [COVID-19: residential care, supported living and home care guidance](#)

Public Health England: [Guidance on shielding and protecting people defined on medical grounds as extremely vulnerable from COVID-19](#)

U.S. Department of Health & Human Services (HHS): [Bulletin: Civil Rights, HIPAA, and the Coronavirus Disease 2019 \(COVID-19\)](#)

National Bioethics Committee, Republic of san Marino: [Answer to the requested urgent opinion on ethical issues regarding to the use of invasive assisted ventilation in patients all age with serious disabilities in relation to Covid-19 pandemic](#)

UN / WHO

WHO: [Coronavirus disease \(COVID-19\) Pandemic](#)

WHO: [Disability considerations during the COVID-19 outbreak](#) (English, French and Spanish)

UN: [Global humanitarian response plan Covid-19](#)

UN OHCHR: [COVID-19: Who is protecting the people with disabilities? – UN rights expert](#) - statement by Catalina Devandas, Special Rapporteur on the rights of persons with disabilities

WHO, IFRC, OCHA: [COVID-19: How to include marginalized and vulnerable people in risk communication and community engagement](#)

WHO: [#AskWHO on disability considerations during #COVID19. #coronavirus](#) (video)

UN Women: [Paying attention to women's needs and leadership will strengthen COVID-19 response](#)

Gender in Humanitarian Action Working Group - Asia and the Pacific: [The COVID-19 Outbreak and Gender: Key Advocacy Points from Asia and the Pacific](#)

UN ESCAP: [Ensuring Disability Rights and Inclusion in the Response to Covid-19](#)

UN OHCHR: [COVID-19: States should not abuse emergency measures to suppress human rights – UN experts](#)

UN OHCHR: [COVID-19: Governments must promote and protect access to and free flow of information during pandemic – International experts](#)

UN: [UN working to ensure vulnerable groups not left behind in COVID-19 response](#)

UNICEF: [COVID-19 response: Considerations for Children and Adults with Disabilities](#)

UN ILO: [Persons with disabilities in the COVID19 response](#)

WHO: [Q&A on COVID-19, HIV and antiretrovirals](#)

UN OHCHR: [No exceptions with COVID-19: “Everyone has the right to life-saving interventions” – UN experts say](#)

UN ILO: [Webinar: Disability Inclusion in COVID-19 in the World of Work](#)

UN ILO: [COVID-19: Social protection systems failing vulnerable groups](#)

UN OHCHR: [Urgent action needed to prevent COVID-19 “rampaging through places of detention” – Bachelet](#)

Non-governmental organisations and international networks

International Disability Alliance: [COVID 19 and the disability movement](#)

European Disability Forum: [Open letter to leaders at the EU and in EU countries: Covid-19 – disability inclusive response](#)

European Disability Forum: [Covid-19 resources](#)

Centre of Research Excellence in Disability and Health (CRE-DH): [People with disability and Covid-19](#)

Inclusion International: [Including Persons with Disabilities in Coronavirus Crisis Action](#)

Mencap: [Coronavirus \(COVID-19\)](#)

Asthma UK: [Coronavirus \(COVID-19\) Health advice for people with asthma](#)

MacMillan: [Advice on coronavirus for people with cancer](#)

UK Cystic Fibrosis Medical Association: [UK CF Medical Associations statement on coronavirus](#)

Disability Rights UK: [DR UK statement on Coronavirus](#)

CDC: [People at Risk for Serious Illness from COVID-19](#)

Disability Debrief: [News on coronavirus response](#)

Light for the World: [Leaving no one behind during the COVID 19 outbreak](#)

EASPD and European Ageing Network: [Ensuring EU Response to COVID-19 tackles threat of social care emergency](#)

European Association of Service Providers for Persons with Disabilities: [Priorities for EU Response to COVID-19 regarding threat to Social Service provision \(NACE Code 87-88\)](#)

European Association of Service Providers for Persons with Disabilities: [The COVID-19 outbreak and Support Service Providers for Persons with Disabilities](#)

U.S. Equal Employment Opportunity Commission: [Pandemic preparedness in the workplace and the Americans with Disabilities Act](#)

Help Age: [COVID-19: Guidance and advice for older people](#)

Special Olympics: [Coronavirus outbreak: what you need to know](#)

Creaky Joints: [A Chronic Illness Patient's Guide To Coronavirus](#)

Business Disability Forum UK: [Coronavirus and disability: What you need to know](#)

Alzheimer's Disease International: [ADI offers advice and support during COVID-19](#)

Inclusiva NGO: [Recommendations for health protection of people with disabilities during outbreaks: lessons learned from the 2019 novel coronavirus](#)

Age International and HelpAge International: [Older people and COVID-19 in low- and middle-income countries and humanitarian settings](#)

Bridging the Gap: [The impact of COVID-19 on persons with disabilities](#)

Human Rights Watch: [Human Rights Dimensions of COVID-19 Response](#)

World Institute on Disability: [Recommendations for Immediate COVID-19 Action](#)

Early Childhood Development Action Networks: [Early Childhood Focused Covid-19 Resources](#)

University of New South Wales, Sydney - Department of Developmental Disability Neuropsychiatry (3DN): [Position Statement on Access to COVID-19 Prevention, Screening and Treatment of People with Intellectual or Developmental Disability](#)

Independent Living Research Utilization: [Resources on Covid-19](#)

Uniting to Combat NTDs: [Covid-19: A statement from Uniting to Combat NTDs](#)

Anffas - Associazione Nazionale di Famiglie di Persone con Disabilità Intellettiva e/o Relazionale: [Coronavirus: tutte le informative utili](#) (Italian)

Down Syndrome International: [Supporting the global community during the Coronavirus crisis](#)

Canadian Association for Community Living: [#COVIDdisability: Disability-Related Resources for Families](#)

#MEAction Network: [Covid-19 resources for people with ME](#)

American Association of People with Disabilities (AAPD): [Covid-19 Response package: Letter to the US Congress](#)

Disability Rights Fund: [Our Response to the COVID-19 Concerns](#)

Partnership for Inclusive Disaster Strategies: [COVID-19 National Disability Rights Call To Action](#)

Partnership for Inclusive Disaster Strategies: [The rights and needs of people with disabilities who use personal assistance services and supports throughout Covid-19 planning and response](#)

Human Rights Watch: [UK: COVID-19 Law Puts Rights of People with Disabilities at Risk](#)

Human Rights Watch: [Protect Rights of People with Disabilities During COVID-19](#)

Human Rights Watch: [US Nursing Home Visitor Ban Isolates Seniors](#)

The Missing Billion: [Covid-19](#)

Humanity & Inclusion: [Including the most vulnerable in the fight against COVID-19](#)

Inclusion Europe: [Coronavirus \(COVID-19\) pandemic](#)

Center for the Human Rights of Users and Survivors of Psychiatry: [COVID-19 Joint Statement](#) (English and Spanish)

American Foundation for the Blind (AFB): [Accessible Education Resources](#)

CARICOM: [CARICOM Special Rapporteur on Disability Calls on Regional Governments to Ensure Inclusion of Persons with Disabilities in Fight against COVID-19](#)

Iraqi Alliance for Disability: [Video on Coronavirus](#)

United States International Council on Disabilities' (USICD): [Covid-19 resources](#)

The Arc: [HHS-OCR Complaints Re COVID-19 Treatment Rationing](#)

Sightsavers: [Washing your hands with a prosthetic](#) (video)

European Disability Forum: [Updated statement: ethical medical guidelines in Covid-19 – disability inclusive response](#)

Association for the prevention of torture: [Covid-19 and persons deprived of liberty - information hub](#)

Associazione Nazionale di Famiglie di Persone con Disabilità Intellettiva e/o Relazionale (ANFFAS): [Coronavirus: tutte le informative utili](#) (Italian)

Training / programmes

WHO: [WHO online courses on Covid-19 and related topics](#) (multiple languages)

Global Health Living Foundation and Creaky Joints: [COVID-19 Support Program for Chronic Disease Patients and Their Families](#)

Lifeology: [Coronavirus Center](#)

Research

The Lancet: [Mental health care for medical staff in China during the COVID-19 outbreak](#)

The Lancet: [Online mental health services in China during the COVID-19 outbreak](#)

The Lancet: [Psychological interventions for people affected by the COVID-19 epidemic](#)

The Lancet: [Mental health services for older adults in China during the COVID-19 outbreak](#)

The Lancet: [The psychological impact of quarantine and how to reduce it: rapid review of the evidence](#)

JAMA Network: [Managing COVID-19 in Low- and Middle-Income Countries](#)

BMJ: [Bearing the brunt of covid-19: older people in low and middle income countries](#)

The New England Journal of Medicine: [The Toughest Triage — Allocating Ventilators in a Pandemic](#)

Yale Law Journal: [May Hospitals Withhold Ventilators from COVID-19 Patients with Pre-Existing Disabilities? Notes on the Law and Ethics of Disability-Based Medical Rationing](#)

Media, articles, blogs

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South China Morning post: [Left at home for six days: disabled Chinese boy dies after carer dad and brother are quarantined for coronavirus checks](#)

Guardian: [Coronavirus hits ill and disabled people hardest, so why is society writing us off?](#)

New York Times: [Afraid of Coronavirus? I Know What That Fear Is Like – I live with chronic illness. Here is my advice for keeping calm in a health crisis.](#)

Sydney Morning Herald: [Italian doctors propose intensive care age limit to save younger patients](#)

Guardian: [Health groups step up UK coronavirus plans to reassure vulnerable](#)

Guardian: [Care workers could be redeployed to UK coronavirus hotspots - Officials considering whether to loosen criminal records checks to help fill gaps](#)

Forbes: [5 Things To Know About Coronavirus And People With Disabilities](#)

Metro UK: [How to deal with coronavirus panic when you're experiencing health anxiety](#)

Creaky Joints: [I Still Have Complications from the 2009 Swine Flu, So Understand Why Coronavirus Is Worrying People with 'Underlying Health Conditions](#)

Creaky Joints: ['I Have Many Reasons to Be Worried About the Coronavirus But No Cares': A Chronic Illness Patient Speaks Out](#)

Creaky Joints: ['The Cripples Will Save You': A Critical Coronavirus Message from a Disability Activist](#)

Creaky Joints: [Coronavirus Facts: What You Need to Know If You Have Chronic Illness or Are Immune-Compromised](#)

Independent: Coronavirus: [Weakest patients could be denied lifesaving care due to lack of funding for NHS, doctors admit](#)

ABC: [How will people with disabilities deal with the COVID-19 lockdown?](#) (audio)

Huffington Post: [Protecting Yourself From Coronavirus Is Proving Harder For Disabled People Like Me](#)

Los Angeles Times: [The mentally ill. The disabled. The elderly. The coronavirus hit hardest where the frail gathered](#)

Guardian: [Anxiety on rise due to coronavirus, say mental health charities](#)

Peter Vermeulen blog: [Autism and the Corona virus: 20 tips](#)

ProBono Australia: [Urgent calls for targeted COVID-19 response for people with disability](#)

Huffington Post: [People Most Vulnerable To Coronavirus Are Urging Others To Stay Home. Here's Why](#)

The Small Places: [Coronavirus and the Mental Capacity Act 2005](#)

BBC: [Coronavirus: How to protect your mental health](#)

Global Citizen: [Coronavirus: Australia's Largest Supermarket Introduces Exclusive Shopping for Elderly and People With Disabilities](#)

Guardian: [Australians with disabilities missing out on essential services as Covid-19 crisis escalates](#)

The Atlantic: [The Extraordinary Decisions Facing Italian Doctors](#)

Disability Scoop: [Coronavirus Brings Added Worries For People With Disabilities](#)

New Mobility: [Disability-Specific Recommendations for COVID-19](#)

Guardian: [Disabled people cut off from vital supplies due to panic buying](#)

Guardian: [Benefits assessment suspension does not go far enough, says charity](#)

BuzzFeed News: [The Coronavirus Response Shows How Crucial Accessibility Is](#)

Washington Post: [Disabled people have worked remotely for years, and they've got advice for you and your bosses](#)

Forbes: [5 Things To Know About Coronavirus And People With Disabilities](#)

Mugambi Paul blog: [Will the "Disabled" Kenyans cry foul after being left in Coronavirus conversations?](#)

Mugambi Paul blog: [The catastrophe of being Blind and Disabled in the Corona era "Lessons for Policy makers!"](#)

Guardian: [People with 'underlying conditions' are being treated as expendable. But our lives matter](#)

BBC: [Coronavirus pandemic: Welcome to The Cabin Fever Podcast](#) (podcast)

UN News: [Preventing discrimination against people with disabilities in COVID-19 response](#)

ITV: [Disabled people 'likely to face harm' from the COVID-19 outbreak](#)

ABC News: [The coronavirus COVID-19 outbreak leaves people with disabilities among the most at risk](#)

Rooted in Rights: [Disabled People Are Not Simply Dispensable During a Pandemic](#)

BBC: [Coronavirus: Advice for people with health conditions](#)

i News: [Coronavirus: Mother urges Government to secure care for disabled and vulnerable youngsters during Covid-19 outbreak](#)

Akimbo: [Disability, Creativity, and Care in the Time of COVID-19](#) by Aislinn Thomas

The Telegraph: [Revealed: official guidance for doctors to decide which coronavirus patients get critical care](#)

Guardian: [UK's emergency coronavirus bill 'will put vulnerable at risk'](#)

Doughty Street Chambers: [Disability, coronavirus and international human rights](#)

The Conversation: [Coronavirus: why prison conditions can be a perfect storm for spreading disease](#)

New York Times: [Disabled in the coronavirus crisis: I will not apologize](#)

Civil Society News: [Charities urged not to overlook equity and inclusion work during Covid-19 crisis](#)

Creaky Joints: [Telehealth for High-Risk, Immunocompromised Patients: How to See Your Doctor Virtually During the Coronavirus Pandemic](#)

Creaky Joints: [The 20+ Things That #HighRiskCovid19 Patients Are Completely Tired of Hearing Already](#)

New York Times: [How the Coronavirus May Force Doctors to Decide Who Can Live and Who Dies](#)

Indonesia Inside: [Pak Jokowi! Disabilitas Rungu Kesulitan Akses Informasi Covid-19](#) (Indonesian)

USA Today: [When schools close or go online, what happens to students with disabilities?](#)

Disability Visibility Project: [Disabled Oracles and the Coronavirus](#)

Not Dead Yet: [COVID-19 Reveals A Deadly Failure of Priorities](#)

Huff Post: [As A Disabled Person, I'm Afraid I May Not Be Deemed Worth Saving From The Coronavirus](#)

npr: [U.S. Hospitals Prepare Guidelines For Who Gets Care Amid Coronavirus Surge](#)

The New York Times: [The Hardest Questions Doctors May Face: Who Will Be Saved? Who Won't?](#)

Disability Visibility Project: [Disabled Communities in the COVID-19 Pandemic](#)

BBC: [Ministers warned coronavirus bill threatens services for disabled people](#)

The New York Times: [Africa, Latin America Fragile Targets for Coronavirus Spread](#)

Creaky Joints: [Here's How I'm Adjusting My Rheumatoid Arthritis Self-Care Routine for Coronavirus — and It's Not Easy](#)

Newz Hook: [Make coronavirus response disability inclusive: Doctors with Disabilities urge Centre Discrimination of people with albinism over Covid-19 in Kenya](#) (video with sign language)

HSJ: [Government to make emergency changes to Mental Health Act](#)

Stuff: [Coronavirus: Lip-reading in masks, cost of protective gear, panic-buying hurting disabled](#)

Spectrum News: [How governments should maintain disability services during the pandemic](#)

Disability Insider: [Ghana failed to provide coronavirus information in sign language](#)

Scroll.In: [Coronavirus: For Persons with Disabilities, avoiding Covid-19 poses special challenges](#)

Phil Star: [Social distancing's victims: In a Luzon quarantine, the disabled are mostly forgotten](#)

The Arc: [Disability Discrimination Complaint Filed Over COVID-19 Treatment Rationing Plan in Washington State](#)

Seattle Times: [People with disabilities would suffer if coronavirus care is rationed, advocates say in civil-rights complaint](#)

The Appeal: [The Coronavirus pandemic has brought out society's alarming disregard for people with disabilities](#)

News 18 India: [Centre Directs States to Provide Covid-19 Info to Disabled Persons in Accessible Format](#)

Ed Source: [Proposed coronavirus federal aid package could disrupt special education](#)

BBC: [Coronavirus: Spanish army finds care home residents 'dead and abandoned'](#)

Mad in America: [Joint Statement on COVID-19 and Persons with Psychosocial Disabilities](#)

BBC: [Coronavirus: Aylesbury storyteller aids deaf children through Facebook](#) (video)

WXYZ: [3 patients, 3 staff members at state psychiatric hospitals test positive for COVID-19](#)

Manila Bulletin: [Filipino Deaf community's access to information in the time of COVID-19](#)

Independent: [Coronavirus: U-turn on critical care advice for NHS amid fears disabled people will be denied treatment](#)

Live Ghana Month: [Covid-19 & Disability in Ghana](#) (video)

BuzzFeed News: [This Is What It's Like In Coronavirus Isolation If, Like Me, You're Already Struggling With Your Mental Health](#)

Teen Vogue: [Disabled People React to Coronavirus Work From Home Accommodations](#)

KTN News Kenya: [The deaf community feels left out, desperate for information on Covid-19 updates](#) (video with sign language interpretation)

Independent: [How are people who need carers supposed to self-isolate?](#)

Byline Times: [Listen to Joey: How the Most Vulnerable Can Show Us the Way in this Crisis](#)

Disability News Service: [Coronavirus: Disabled people say 'shocking' new laws will strip away rights](#)

Yahoo: [If I Get Covid-19 It Might Be Ableism – Not the Virus – That Kills Me](#)

Guardian: [My sister has a learning disability and I can't visit her because of coronavirus](#)

Forbes: [Mental Health In The Workplace: Leading In The COVID-19 Context](#)

CBM: [Coronavirus and our emotional wellbeing](#)

The Limping Chicken: [Jo Wootten: Tips for working remotely when you're deaf \(with BSL videos\)](#)

Japan Times: [Facing the COVID-19 crisis in Japan with a disability](#)

The Star: [Ensure right to education even in crisis](#)

Theirworld: [Five things you need to know this week about the coronavirus effect on global education](#)

The Hill: [Students with disabilities could lose with COVID-19 stimulus package](#)

Social media

Twitter: [#Coronavirus and the disability community #COVID—19 #COVID19](#)

Twitter: [#HighRiskCovid19](#) - posts by people with disabilities and people with underlying health conditions